Method
How did we develop it?
• A facilitated questionnaire in 2 community teams – Riverside & The Stewart Centre.
• Do you feel you get enough information about your clozapine treatment?
• What do you feel is so important about clozapine treatment that you should ALWAYS be given information about when you go to the clozapine clinic?

What did we Test?
Six themed single topic information cards titled Do you know;
• Clozapine can cause constipation
• Clozapine can cause weight gain
• Clozapine can make you produce excess saliva
• Smoking can affect the amount of clozapine in your blood
• Why you need regular blood tests
• Why it is important to take clozapine regularly

Results
• The first 3 cards in the set were issued to patients at Riverside and Stewart Centre CMHTs with prescriptions issued in November, December and January
• 67 patients at Riverside
• 58 patients at Stewart Centre
• Follow up facilitated questionnaire interviews were undertaken at the end of January

Results – Card Format
• 20 patients were interviewed, 6 had not seen/noticed the cards.
• Of the 14 that had seen them
  • 50% rated the images as ‘ok’
  • 43% rated the images as ‘good’
  • 93% said the messages were clear

Results – Content
• 71% said they had learned something new e.g. Clozapine causing constipation, the importance of a healthy diet, agranulocytosis.
• 63% said they had asked for more information as a result of reading the cards.
• 21% had changed something as a result of reading the cards – healthier diet, more exercise
• None of the patients had used the internet link on the cards. When asked why only 1 had internet access.
• Only one person suggested a change – ‘make them into a booklet’

Conclusion
What Next?
• Funding was obtained for a full print run.
• Leaflets were issued to all clozapine patients (~1200) in NHS GG&C over 6 months (July – December 2017)
• The leaflets will be issued annually

Feedback
Some Quotes
‘Ok draws attention, clear colours’
‘Good - does the job’
‘No bad’
Didn’t know about constipation - ‘eye opener’
‘Nothing - ‘everything down to a T’

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