Creating a wellness service for children and young people in Ayrshire and Arran.
Cluster modelling in schools and communities

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We want to go from this to this

Social care and Third sector
As critical partners, particularly around the care of looked after children.

For more information, please contact:
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Secondary schools
Specialist mental health staff work on site with teachers and pupils.

For more information, please contact:
Ewan Herdman, CAMHS Charge Nurse
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Resources: Early learning from placement of CAMHS clinicians within a secondary school; Development of a multi-agency neuro developmental pathway involving schools and CAMHS:
https://tinyurl.com/man-college
https://tinyurl.com/neuro-developmental-pathway

Primary schools
Transition from primary school as an opportunity for building resilience, reducing anxiety.

For more information, please contact:
Jacquie Blackwood, Team Leader
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Resources: Implementing WRAP for First Year Pupils – Report of Pilot Project:
https://tinyurl.com/whap-pilot-report

Families
As partners in the care of all children; as vocal contributors to service planning.

For more information, please contact:
Kerry Allison, Quality Improvement Advisor
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Resources: Report of appreciative inquiry event with parents and staff:
https://tinyurl.com/appreciative-enquiry-report

Hospitals
As places where the mental health of children and young people is understood, supported by input from mental health specialists.

For more information, please contact:
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Resources: Evaluation of the initial Liaison Nurse role implementation:
https://tinyurl.com/acute-liason-nurse

Specialist children and young people’s mental health roles collaborate across the whole breadth of community activity to enrich their practice and connections, but have a specialist role in relation to children and young people demonstrating extremity of need in relation to mental health.

For more information, please contact:
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Resources: Report outlining concept of a Children’s Wellness Service; Flow chart – Transforming children and young people’s health in Ayrshire using a whole systems approach:

Challenges
Finding practical means of evidencing success, but not letting evidence gathering impede action.
Building relationships that are enriched by, but not dependent on, personalities.

Financial austerity as a source of real restrictions and an excuse for maintaining the status quo.

Professions’ preservation of accustomed practice and remit and resistance to change.

Poster design
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