NHSScotland Event 2018

The NHSScotland Event is the leading health Event in Scotland. In its thirteenth year, the Event continues to be the ‘premier meeting place’ for those committed to providing sustainable high quality health and social care services for the people of Scotland.

Every year, the Event provides the opportunity for those working in and with the NHS in Scotland to come together to consider the challenges, to share best practice and the most innovative approaches to delivering the highest quality of care, and to take away tools and techniques that will support them in their various roles.

This year marks the 70th Anniversary of the NHS providing us with an opportunity to celebrate what this has meant for people in Scotland, recognise and thank staff for their outstanding contribution, and confirm our continuing commitment to the founding principles of the NHS for the future.

2018 also marks Scotland’s Year of Young People. The Event theme ‘Delivering Now, Improving for the Future’ recognises that young people today will be the beneficiaries of the care we are planning and delivering now and into the future. As we look forward to the next 70 years, our responsibility for generations to come is to develop and deliver new models of care and to work in different ways that allow us to secure the future of health and social care services in Scotland – while delivering the excellent care people expect and deserve now and in the years ahead.

Through our 2020 Vision for Health and Social Care, we have set a vision for a healthier Scotland where everyone can live longer, healthier lives at home or in a homely setting – where we have a health and social care system that is integrated, focused on anticipation and prevention, and in which care is provided in the right setting.

We have made good progress. People in Scotland are already living longer, healthier lives as a result of better standards of living, and improvements in our health and social care services. We have seen significant advances in patient safety and quality, and satisfaction with services remains high.

But there is no dispute that transformational change is needed in the way that we deliver health and social care in Scotland. Demand continues to rise, and so do expectations. There is widespread agreement that further transformational change is needed in order to deliver safe, affordable and sustainable services in the future.

The Event will focus on how we can address these challenges in our journey toward 2020 and beyond, building on our successes and accelerating progress with an approach that balances sustained and targeted investment with a collective approach to work across the whole of our health and social care system to deliver our priorities.

For more information about the Event visit www.nhsscotlandevent.com or telephone 0131 244 2064. Keep up with what’s happening at the NHSScotland Event 2018 @NHSScotEvent #nhsscot18
CALL FOR POSTER ABSTRACTS

The Poster Exhibition forms an integral part of best practice, learning and sharing at the Event. With over 500 individuals and teams submitting their projects in 2017, this is a networking opportunity not to be missed. This year’s poster exhibition will feature over 200 projects that are happening across NHSScotland and partner organisations to support our journey towards 2020 and beyond. These will represent the shortlisted entries from the Poster Abstracts submitted.

WHO CAN SUBMIT A POSTER ABSTRACT?
Submissions are welcome from NHSScotland employees, our voluntary and partner organisations, and other public or private sector organisations on any aspect of work they are undertaking in, with or on behalf of NHSScotland.

WHY PRESENT A POSTER?
Don’t miss this opportunity to raise awareness of your project, showcase your achievements, gain recognition, share best practice and make new contacts. Posters will be judged at the NHSScotland Event and a winner will be chosen in each poster category. There will also be a People’s Choice Poster Award. This award will be voted for by the delegates at the Event.

The Scottish Government has committed to delivering a range of improvements and reforms to modernise the way we provide care and ensure it is fit for the future. Once again this year, there will be a special award presented to the poster that is displaying work that is transforming the way care is provided in Scotland through for example, collaborative working, innovative approaches to managing unscheduled care, out of hours care; patient flow or delayed discharge as well as measures to tackle preventable ill health.

If you want your abstract to be considered for the Transformational Change Award, please ensure you illustrate this in your abstract (and poster if your poster is selected for display).

The winners in each poster category will be presented with a trophy during the poster awards presentation in the main auditorium on Day Two of the Event.

POSTER CATEGORIES
The seven poster categories are based on our priority areas for action stemming from the Quality Ambitions and the ‘triple aim’ as described in the 2020 Vision for Health and Social Care:

1. Quality of Care: Person-Centred
2. Quality of Care: Safe
3. Quality of Care: Effective
4. Quality of Care: Infrastructure
5. Health of the Population
6. Value and Sustainability
7. Integrated Care

Please ensure that your abstract is linked to at least one of these poster categories. More information about each poster category can be found on pages 7 to 10. If your abstract cuts across more than one poster category, please choose the category you think is most relevant and submit only under one poster category.
ABSTRACT ENTRY CONTENT

All abstract entries should showcase specific examples of how your work is taking forward the priority areas identified for action in our journey towards 2020 and beyond.

In particular, your abstract should contain:

■ A clear description of why the project was needed and what its aims were.
■ A clear and logical presentation of the method of actions taken to address those needs in a systematic way.
■ Clear articulation of how the project supports the challenges we face in our journey towards 2020 and beyond.
■ The project outcomes and/or conclusion accurately reflect the evidence presented and draw appropriate conclusions.

References: remember to acknowledge any other individuals, funders or specific programmes associated with your work.1

Poster abstracts should make explicit reference to how you are contributing to the work being recognised within the poster category.

In addition to submitting your abstract for consideration under the relevant poster category, if you also want your abstract to be considered for the Transformational Change Award to recognise work that is transforming the way care is provided in Scotland, please ensure you fully illustrate this in your abstract (and poster if your poster is selected for display). Do not worry if that is not the main focus of your work. The criteria for judging the main poster categories will remain unchanged.

SUBMITTING YOUR ABSTRACT

Please submit your poster abstract via the online poster system by following the instructions below:

■ Download a copy of the poster abstract form from the website here.
■ Abstracts must not exceed 300 words excluding title, references and any diagrams.
■ You may include up to two images, diagrams or tables to illustrate your work further.

QUALITY ASSURANCE ARRANGEMENTS BEFORE UPLOADING YOUR ABSTRACT

In order to ensure your poster abstract is on message and that the content portrays your work to its full potential, please follow the appropriate quality assurance process set out below.

Once you have completed the abstract form you must have it quality assured through the arrangements set out below. Please note that you need to do this by no later than Wednesday 31 January 2018.

Abstracts from NHSScotland only

■ For abstracts that are submitted by NHSScotland only, it is important that you discuss the content of your poster abstract with your line manager, NHS Board Quality Improvement Lead or Clinical Governance Lead prior to submission. Please also discuss and agree the content of your poster abstract with your designated Poster Co-ordinator. A list of the Poster Co-ordinators can be found on Page 13.

Abstracts from Partner Organisations co-authored by NHSScotland personnel

■ For abstracts submitted by a Partner Organisation that also includes NHSScotland staff, please ensure that as well as discussing and agreeing the content of your abstract through your own governance arrangements, please also discuss and agree the content with the designated Poster Co-ordinator for the NHSScotland staff involved in the planning and design of your abstract.

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1 References should follow Vancouver Convention: Name, Title, Publication, Year, Chapter, Page No(s) and should be listed on a separate page.
Abstracts from Partner Organisations with no NHSScotland input

For each abstract submitted by one or more Partner Organisations with no NHSScotland input, please ensure that you discuss and agree the content of your abstract through the relevant governance arrangements – i.e. for each partner author’s employing organisation as appropriate.

Examples of shortlisted poster abstract forms from the NHSScotland Event 2017 can be found on Pages 11 and 12.

More information about the 2020 Vision for Health and Social Care can be found at: www.scotland.gov.uk/nhsscotlandquality

All poster abstracts will be reviewed by the Poster Co-ordinator and/or by the employing governance arrangements and constructive feedback will be provided on the content – with possibly some editorial changes suggested where appropriate. Please ensure you have received their comments by no later than Tuesday 13 February – you will then have a week to make any amendments to your abstract before the deadline for uploading it online.

UPLOADING YOUR ABSTRACT TO THE ONLINE POSTER ABSTRACT SYSTEM

The online poster abstract system is located on the Eventage website. Eventage is the organisation who provides logistical support to the Scottish Government in the planning and delivery of the NHSScotland Event. They facilitate the shortlisting process so that shortlisters can see the abstracts submitted.

On receipt of the feedback, NHSScotland employees will receive instructions on how to upload your abstract to the online poster system.

Partner organisations can obtain instructions on how to upload your abstract to the online poster system by emailing nhsscotlandevent@eventage.co.uk

Poster abstracts must be uploaded to the online poster system by no later than 5pm on Wednesday 21 February 2018.

Please note there will be no extension to this deadline.

All poster abstracts will be reviewed by a group of shortlisters who will score them between 23 February and 8 March 2018.

IF YOUR ABSTRACT IS SELECTED

Please be aware that the standard of poster abstracts received are high and a shortlist of around 200 abstracts (45%) that are submitted will be successful.

The named contacts on the abstract form will be notified by email whether the abstract has been successful on Wednesday 14 March 2018.

If your abstract is successful, you will be required to design a poster based on your abstract – i.e. the poster content must develop the content of the abstract submitted – it must not differ in terms of the work described in the abstract.

POSTER DESIGN

The poster design guidelines which include details of the poster dimensions and orientation can be found in the Poster Design Guide. You will be allocated a poster board at the exhibition. You will be provided with more information about your poster board allocation nearer to the Event.
AUTHORS NEED TO BE AWARE THAT POSTERS MUST BE DISPLAYED ON BOTH DAYS OF THE EVENT AND AT LEAST ONE POSTER AUTHOR MUST BE IN ATTENDANCE TO ENGAGE WITH DELEGATES ABOUT THEIR POSTER EACH DAY OF THE EVENT.

PRESENTING POSTERS AT THE EVENT

Please note that when you are uploading your abstract, you will be asked to give express permission for:

■ Your abstract form to be shared with shortlisters; and
■ The NHSScotland Event Poster Lead to make contact with you about whether or not your abstract was successful.

Due to impending changes to data protection legislation in 2018, please ensure that permission boxes in the online poster abstract system have been completed. Where permissions have not been given, the abstract will not be accepted.

POSTER JUDGING AND WINNERS

All posters will be judged at the Event and a winner will be selected in each poster category, including the Transformational Change Award and the People’s Choice Poster Award. Posters will be judged solely on the content displayed in the poster and not how poster authors engage with delegates. Therefore, Poster Authors are not informed of when posters are being judged or the identity of the category judges. The People’s Choice Poster Award will be voted for by delegates attending the Event. All poster winners will be announced at the Event and the judging decisions taken are final.

FACILITATED POSTER PRESENTATIONS

The Facilitated Poster Presentations will feature as part of the main Event as a programmed activity. Poster Authors are asked to note that participation in the Facilitated Poster Presentations does not impact on the judging process.

2018 KEY DATES

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<tr>
<td>11 January</td>
<td>Call for Posters opens</td>
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<td>31 January</td>
<td>Abstract forms to be submitted to Poster Co-ordinators/Employer Governance Lead for comment</td>
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<td>31 January – 13 February</td>
<td>Poster Co-ordinator (for NHS Boards) or Employer Governance Lead (for other organisations) considers abstract and suggests improvement/amendments</td>
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<td>14 February – 20 February</td>
<td>Poster author amends abstract based on feedback provided</td>
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<td>21 February</td>
<td>Closing date for submitting poster abstracts</td>
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<td>23 February – 8 March</td>
<td>Shortlisting</td>
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<td>14 March</td>
<td>Shortlisted abstracts announced</td>
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<td>15 March – 30 April</td>
<td>Poster design stage</td>
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<td>1 May</td>
<td>PDF posters to be uploaded to the NHSScotland Event website.</td>
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<td>19 June</td>
<td>Poster winners announced at the NHSScotland Event</td>
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Further information about the Poster Exhibition is available on FAQ section of the NHSScotland Event website: www.nhsscotlandevent.com/faqs/posters-faqs
QUALITY OF CARE: PERSON-CENTRED

There will be mutually beneficial partnerships between patients, their families and those delivering health and social care services which respect individual needs and values and which demonstrate compassion, continuity, clear communication and shared decision-making.

WHAT WE’RE LOOKING FOR:

Examples of health and social care services, initiatives and activities that seek to put service users at the heart of decisions about their care and that involve people and communities in shaping how they are supported and services are delivered.

A person-centred approach puts people in the driving seat of their care, with support from professionals to achieve the outcomes that are important to them. It could also include a range of activity to encourage and listen to the voice of people using services, their families and carers, and use this to continuously improve services to meet the needs and values of people.

If you want your ‘Person-Centred’ poster abstract to also be considered under the Transformational Change poster award category to recognise work that is transforming the way care is provided in Scotland, please ensure you fully illustrate this in your abstract (and poster if your poster is selected for display). Do not worry if that is not the main focus of your work. The criteria for judging your abstract under the ‘Person-Centred’ poster category remains unchanged.

QUALITY OF CARE: SAFE

There will be no avoidable injury or harm to people from healthcare they receive, and an appropriate, clean and safe environment will be provided for the delivery of healthcare services at all times.

WHAT WE’RE LOOKING FOR:

Examples of services, initiatives and activities that seek to build on the Scottish Patient Safety Programme priority themes which are: prevention; recognition and response to deterioration; medicines; and system enablers for safety.

This approach supports the development of cultures of continuous quality improvement so that every person working in health and social care is engaged in the work of improving their day-to-day practice; and supporting the work to design systems, services and processes which enable people to receive the right support and care, in the right place, at the right time whilst also reducing harm, waste, duplication, fragmentation and inappropriate variation.

If you want your ‘Safe’ poster abstract to also be considered for the Transformational Change poster award category to recognise work that is transforming the way care is provided in Scotland, please ensure you fully illustrate this in your abstract (and poster if your poster is selected for display). Do not worry if that is not the main focus of your work. The criteria for judging your abstract under the ‘Safe’ poster category remains unchanged.
QUALITY OF CARE: EFFECTIVE

The most appropriate treatments, interventions, support and services will be provided at the right time to everyone who will benefit, and wasteful or harmful variation will be eradicated.

WHAT WE’RE LOOKING FOR:

Examples of services, initiatives and activities that seek to ensure that appropriate and effective care are provided consistently for every person, every time. This includes the use of innovative approaches to increase efficiency in service delivery and a description of how collaborative approaches can realise economies of scale, reduction of waste and variation in the system.

We are interested in projects where there is clear and agreed evidence of clinical and cost-effectiveness, and to support the spread of these practices where appropriate to ensure that unexplained and potentially wasteful or harmful variation is reduced.

If you want your ‘Effective’ poster abstract to also be considered for the Transformational Change poster award category to recognise work that is transforming the way care is provided in Scotland, please ensure you fully illustrate this in your abstract (and poster if your poster is selected for display). Do not worry if that is not the main focus of your work. The criteria for judging your abstract under the ‘Effective’ poster category remains unchanged.

QUALITY OF CARE: INFRASTRUCTURE

Progress towards the three Quality Ambitions of person-centred, safe and effective care will be optimised if we have the right supporting services and resources in place.

WHAT WE’RE LOOKING FOR:

Examples of services, initiatives and activities which promote early interventions and better models of holistic care built around communities and localities supporting people to live longer, healthier lives – and where our clinicians and health practitioners are able to work with others across health and social care to target interventions, and grow and develop new models of health improvement for the people who will see the greatest benefit and the most important outcomes.

If you want your ‘Infrastructure’ poster abstract to also be considered for the Transformational Change poster award category to recognise work that is transforming the way care is provided in Scotland, please ensure you fully illustrate this in your abstract (and poster if your poster is selected for display). Do not worry if that is not the main focus of your work. The criteria for judging your abstract under the ‘Infrastructure’ poster category remains unchanged.
HEALTH OF THE POPULATION

NHSScotland, local and national government, the wider public and voluntary sectors have a part to play in achieving a reduction in health inequalities.

WHAT WE’RE LOOKING FOR:

Examples of services, initiatives and activities that have been developed through partnership working to tackle preventable, lifestyle related illnesses and support individuals to make healthier choices leading to improved outcomes with a focus on those in our most deprived communities. We will also consider initiatives that focus on improving the health of the NHS workforce as part of the Health Promoting Health Service.

We would also welcome examples involving service users to report and share accounts of their personal experience of a service as a whole, or in relation to a particular intervention – and how this rich intelligence is used to facilitate the ability for services to adapt and improve.

If you want your ‘Health of the Population’ poster abstract to also be considered for the Transformational Change poster award category to recognise work that is transforming the way care is provided in Scotland, please ensure you fully illustrate this in your abstract (and poster if your poster is selected for display). Do not worry if that is not the main focus of your work. The criteria for judging your abstract under the ‘Health of the Population’ poster category remains unchanged.

VALUE AND SUSTAINABILITY

As a publicly-funded service, NHSScotland has a duty to ensure value for money and to provide person-centred, safe, effective and efficient services to the people of Scotland.

Evidence of the human and high financial cost of poor quality makes improvement in both quality and financial sustainability essential across NHSScotland.

WHAT WE’RE LOOKING FOR:

Examples of services, initiatives and activities that seek to improve quality and efficiency through improving experience, reducing unwarranted variation, removing waste and eliminating harm.

We are particularly interested in clearly described examples where demonstrable benefits, in terms of quality and efficiency, have been achieved through collaboration with partners.

If you want your ‘Value and Sustainability’ poster abstract to also be considered for the Transformational Change poster award category to recognise work that is transforming the way care is provided in Scotland, please ensure you fully illustrate this in your abstract (and poster if your poster is selected for display). Do not worry if that is not the main focus of your work. The criteria for judging your abstract under the ‘Value and Sustainability’ poster category remains unchanged.

For more information about the Event visit www.nhsscotlandevent.com or telephone 0131 244 2064. Keep up with what's happening at the NHSScotland Event 2018 @NHSScotEvent #nhsscot18
INTEGRATED CARE

In 2014, the Scottish Government legislated to integrate health and social care services to ensure those who use services get the right care and support, whatever their needs, at any point in the care journey.

WHAT WE’RE LOOKING FOR:

Examples of services, initiatives and activities demonstrating that by collaborative working across health and social care with individuals and local communities, people accessing these services will:

- be safe from harm and are able to look after and improve their own health and wellbeing and live in good health for longer;
- have positive experiences of those services and have their dignity respected; and
- be able to live, as far as reasonably practicable, independently at home or in a homely setting in their community, receive services which help to maintain or improve their quality of life.

We would also welcome examples which demonstrate that people who work in the delivery of integrated health and social care services:

- feel engaged with the work they do and are supported to continuously improve the information, support, care and treatment they provide;
- believe that integrated activity contributes to reducing health inequalities; and
- are utilising resources effectively and efficiently in the provision of integrated health and social care services.

If you want your ‘Integrated Care’ poster abstract to also be considered for the Transformational Change poster award category to recognise work that is transforming the way care is provided in Scotland, please ensure you fully illustrate this in your abstract (and poster if your poster is selected for display). Do not worry if that is not the main focus of your work. The criteria for judging your abstract under the ‘Integrated Care’ poster category remains unchanged.

For more information about the Event visit www.nhscotlandevent.com or telephone 0131 244 2064
Keep up with what’s happening at the NHSScotland Event 2018 @NHSScotEvent #nhscot18
SHORTLISTED ABSTRACT EXAMPLES FROM NHSScotLAND EVENT 2017

CATEGORY: Health of the Population
TITLE: Moray Community Health and Wellbeing Vintage Tea Party Events

DESCRIPTOR
Moray Community Health and Wellbeing Vintage Tea Events are collaborations between Moray Health & Social Care, Third Sector, Tesco, Community Groups and volunteer Community Champions.

This innovative method of engaging older people promotes good health and wellbeing, self help, self management and encourages peer supported community connections thus reducing the need for formal health and social care interventions.

METHODOLOGY
This methodology provides a fun ‘cuppa’ with people having the opportunity to visit multiple stands offering bespoke information and advice to enable them to stay well, healthy, independent and connected to their community. These include statutory organisations and community groups like Be Active Life Long, Handyperson Scheme, exercise and church groups.

Volunteer Community Champions deliver informative presentations about the importance of keeping well in later years and showcase local activities that they and their friends participate in.

During the ‘cuppa’ people are joined by a ‘friendly face’ who facilitates conversations about what is available in the community to keep people well and connected and what might support and enable this to continue.

AIMS AND OBJECTIVES
■ Build strong community partnerships with community asset based approaches.
■ Enable older people to live healthier lives at home by promoting positive health, wellbeing through independence and resilient communities.
■ Identify and break down barriers that support self-management and independence.

RESULTS AND OUTCOMES
The Health and Wellbeing Vintage Tea events result in preventative approaches and helps to future proof Moray in a way which creates flourishing connected communities for older people and their families. Thus far there have been five events in Moray communities which have attracted over 450 people over the age of 60.

Outcomes achieved include developing a new Men’s Shed with the support of Tesco, people supporting less able to attend community groups, increased volunteer buddies and alarm responders and locality plans including the needs of older people.

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Keep up with what’s happening at the NHSScotland Event 2018 @NHSScotEvent nhsscot18
Skin conditions are one of the most common reasons for GP appointments, yet dermatology training in medical studies is not compulsory and variation in dermatology knowledge across primary care has been reported. Mobile apps are acknowledged as transforming aspects of clinical practice: this project aimed to transform primary care access to knowledge to support primary care practitioners to diagnose and manage 17 conditions via a new mobile app.

In 2016, clinicians from across primary and secondary care and the Scottish Dermatological Society, supported by the Scottish Government’s National Dermatology Collaborative, revised and expanded previous national pathways (2011) and published these online at dermatology.nhs.uk. Simultaneously, in partnership with Tactuum (a digital health services company), a mobile app was designed, piloted in primary care and launched at regional events across Scotland. Initial evaluation of the uptake, usage and perception of the online pathways is planned for Spring 2017, using Google Analytics®, an online staff survey and data from the app’s integrated feedback function.

The aim of the national dermatology app was to support primary care practitioners in Scotland in the diagnosis and management of patients presenting with common skin conditions, by using digital infrastructure to provide easily accessible high quality knowledge. The initiative aims to contribute to the 2020 Vision of providing care closer to home, to the highest standards of quality and safety.

Google Analytics® data suggest that while the vast majority of use has been within Scotland and the United Kingdom, the app has also been accessed elsewhere in Europe, Asia, Africa, North America, South America and Australia. Further data and results from the wider pathways staff questionnaire will be available in Spring 2017. Positive feedback has emerged from the app’s integrated feedback mechanism and two European national organisations have expressed an interest in potential adaptations.
POSTER CO-ORDINATORS

Any poster abstract which has been developed by NHSScotland or by NHSScotland and a partner from an external organisation, please ensure that it is forwarded to the relevant Poster Co-ordinator for comment.

Posters developed by Partner Organisations with no NHSScotland input should be cleared through the author(s) employing governance arrangements.

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