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Why create another leaflet?
A fractured hip is a serious and often life changing injury for people. The fear of the unknown for both the person who suffers the injury and their loved ones is usually at the forefront of their minds.

The Scottish Hip Fracture Advisory Group identified that there was no national level information for patients and carers available in Scotland. The aim was to coproduce (with public partners) a short leaflet of what people would have liked to have known as well as links to where they could find additional information should they wish.

What is different about this?
As clinical experts in our chosen subject it can be easy to assume what patients and carers need to know about a condition, the risks and complications which are associated with it, however understanding what people want to know about is a fundamental element in empowering people to have responsibility for their own health and wellbeing.

Informal interviews with people who had suffered a hip fracture and their relatives helped pin point the areas which needed to be covered.

The advisory group wrote the leaflet in conjunction with a public partner to ensure language and tone were appropriate.

Results/outcomes
The leaflet has been made available nationally via the Scottish Hip Fracture website www.shfa.scot.nhs.uk and has received positive feedback from areas which have piloted its use.

It has prompted consideration of the sea change that this format represents for clinical staff and so further consideration of this will be addressed in future projects.